



Bliss Yoga Studio

the bliss of your true self

Complete and mail to: Bliss Yoga Studio, 1563 Como Ave, Saint Paul, MN 55108.
Please include your payment of \$160 and make checks payable to Bliss Yoga Studio.
You will receive a confirmation via phone or email.

Name _____

Address _____

Phone _____

Email _____

Please indicate the days and times that work best for you and we will confirm
scheduling via phone or email.

Thank you and Namaste,

Sheila Burns
Bliss Yoga Studio
651-230-6510